

## FBES PACKING LIST

### **A Note for both Parents & Students:**

Please pay careful attention to packing. Pack all items in an easy to carry container (suitcase or duffel bag). If you forget something, like sweaters or enough socks, you may end up being very uncomfortable during the week! On the other hand, you don't need to go out and buy lots of new equipment for this trip. Since you may end up getting wet and muddy on some lessons, it makes better sense to just bring older, more comfortable clothes that you don't mind getting dirty. FBES provides over-the-counter medicines (aspirin, etc.). Basketballs, volleyballs and other recreational equipment is provided by Ferry Beach.

*Note: Ferry Beach Ecology School provides a safe learning environment. However, FBES is not responsible for any student property that is lost or stolen. Students must take their own precautions to protect their property at FBES.*

### **Necessary:**

- |   |  |
|---|--|
| <input type="checkbox"/> sleeping bag or sheets & blankets                          | <input type="checkbox"/> slippers to wear in dorm                            |
| <input type="checkbox"/> pillow   | <input type="checkbox"/> trash bags and laundry bags for wet & dirty clothes |
| <input type="checkbox"/> 3-4 pairs of long pants                                    | <input type="checkbox"/> jacket (warm & windproof)                           |
| <input type="checkbox"/> T-shirts and long sleeve shirts                            | <input type="checkbox"/> hat with brim (baseball, etc.)                      |
| <input type="checkbox"/> sweaters and/or sweatshirts                                | <input type="checkbox"/> 2 towels  |
| <input type="checkbox"/> several pairs of underwear                                 | <input type="checkbox"/> toothbrush & paste                                  |
| <input type="checkbox"/> thermal underwear &/or sweat pants                         |  |
| <input type="checkbox"/> 8 pairs of socks   |  |
| <input type="checkbox"/> sturdy shoes or boots for hiking                           |  |
| <input type="checkbox"/> sneakers   |  |
| <input type="checkbox"/> sunglasses   |  |
| <input type="checkbox"/> soap and shampoo   |  |
| <input type="checkbox"/> chapstick, hair brush                                      |  |
| <input type="checkbox"/> books for free time  |  |
| <input type="checkbox"/> letter writing materials, pen, paper, stamps and envelopes |  |

### **YOU MUST BRING:**

- sunblock (at least SPF 15)
- reusable water bottle
- waterproof poncho or raincoat

### **Seasonal:**

- mosquito repellent (cream or stick only, no aerosol cans, please)
- shorts (not for lessons, but for free time and recreation)
- gloves for cold weather
- warm winter hat

### **Optional:**

- recreational equipment (ball & gloves, frisbee, etc.)
- a camera with several rolls of film (or a disposable camera)
- playing cards and board games
- binoculars

### **Please, Do Not Bring:**

- alarm clock
- anything electronic (NO cell phones, gameboys, nintendo, iPods, TV's, radios, etc.)
- flashlights
- food, candy or gum
- jewelry or other expensive items
- knives
- money