

**NEW HAMPSHIRE PUBLIC SCHOOLS
SCHOOL ADMINISTRATIVE UNIT #1**

**CONTOOCCOOK VALLEY SCHOOL DISTRICT
OFFICE OF THE SUPERINTENDENT OF SCHOOLS
106 Hancock Road, Peterborough, NH, 03458-1197**

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Wellness Committee	
Date	: March 3, 2010
Time	: 7 p.m.
Place	: SAU Office
Facilitator	: Beverly Bacon, Kimberly Saunders
Invitee List	: Amy Stone, Donna Poe, Donna Reynolds, Ed Germain, Gib West, Greg Kriebel, James Hurley, John Szep, Judy Heddy, Linda Compton, Louise Danforth, Pam Murphy, Steve Bartsch, Susie Spikol, Tim Iwanowicz, Tim Parsons, Tina Kriebel
Agenda	: <ol style="list-style-type: none"> 1. Approval of Minutes <ol style="list-style-type: none"> a. November 18, 2009 2. Nurses Sample Survey 3. Meals for Athletes Update 4. Dates for North/South Meetings
Next Meeting	: Date: Time: Place:

#	Action Item	Owner	Status	Due Date	Comments
1.					
2.					
3.					
4.					

OFFICE OF THE SUPERINTENDENT OF SCHOOLS
Peterborough, New Hampshire

CONTOOCOOK VALLEY SCHOOL BOARD

WELLNESS COUNCIL

November 18, 2009
7:00 P.M.

MINUTES

Attendees: Kimberly Saunders, Beverly Bacon, Steve Bartsch, Tim Iwanowicz, Judy Heddy, Donna Poe, Tina Kriebel, Dr. Kriebel, Linda Compton, John Szep, Chelsea Wheeler (Student Rep), Austin Sawyer (Student Rep), Donna Reynolds, Dr. Hurley, Gib West

Beverly Bacon called the meeting to order at 7:04 p.m.

1. Approval of Minutes

October 7, 2009

Tim Iwanowicz moved to accept the minutes. Linda Compton second. Unanimous.

2. Board Decision

Kimberly reported that the ConVal School Board adopted the Wellness Policy at last night's meeting.

Beverly explained that a Board member needed to Chair this committee because it is an Ad Hoc committee. Therefore, she will Chair this committee.

The committee broke into groups to work on the actions planned for the committee in the upcoming year.

The actions included:

- **PIT/PTO/Co-Curricular**
- **Meals for Athletes**
- **End of Year Survey**
- **Admin Council Awareness**
- **Help Establish Strong Connections in our Communities**


Kimberly shared an action sheet for each of the groups along with how it should be completed and what the expected outcomes are.

3. Next Steps

- a. **Dates to Actions**
- b. **People Responsible**
- c. **Grant Opportunities**
- d. **Partnerships/Other Local Agencies**

Meeting adjourned at 7:53 p.m.

Respectfully submitted,


Brenda Marschok